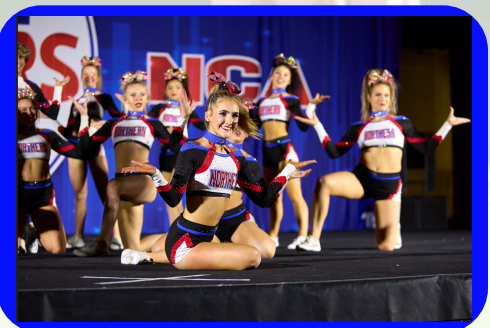


NORTHERN ELITE

2024 - 2025

NE

ELITE



Join Us For Tryouts



With countless titles and top notch quality, Northern Elite is not just considered the BEST program in Minnesota, but is nationally the most recognized and most successful gym from our region.

Our full season athletes are ages 5-19 years based on birth year., and no experience is necessary to tryout. The tryout process is low pressure and fun! The athletes demonstrate jumps, tumbling skills, and choreography. They meet the staff and new friendships are formed.

We can't wait for you to experience it for yourself to truly understand the dynamics, traditions and success of our Northern Elite family.

Tryout Details

Athlete Evaluations- Must Attend 1

May 13-May 16

5:15pm-6pm (2017-2019)

6pm-6:45pm (2015-2016)

6:45pm-7:30pm (2012-2014)

7:30pm-8:15pm (2009-2011)

8:15pm-9pm (6/1/2005-2008)

Athlete Callbacks- Must Attend All Applicable

Level 1 – May 20th 5:30-7pm, May 22nd 5:30-7pm

Level 2 – May 21st 7:30-9pm, May 23rd 5:30-7pm

Level 3 – May 20th 7:30-9pm, May 22nd 7:30-9pm

Level 4 – May 22nd 5:30-7pm, May 23rd 7:30-9pm

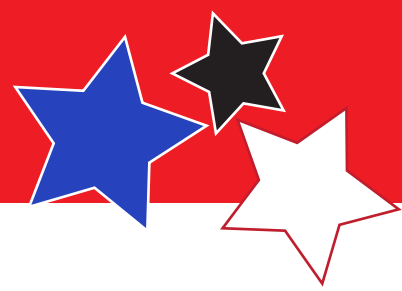
Level 5/6 – May 21st 5:30-7pm, May 23rd 7:30-9pm

Practice Groups- Must Attend All Applicable

June 3rd-6th

Athletes will receive their practice group and accompanying schedule following callbacks.





The goal for our tryout process every season is to make our teams stronger than they were the year previously. It is our intention to continue with that mindset this season.

We have created a video to help with the tryout process. You can find the video by going to our tryout material playlist by clicking here:

Tryout Material Playlist

Athletes will be asked to attend an evaluation between May 13 and May 16.

If an athlete is hoping to get a callback for a specific level, they will need to perform the suggested skills with above average to mastered technique. Jumps and motions will also be included and can be found in the video linked above.

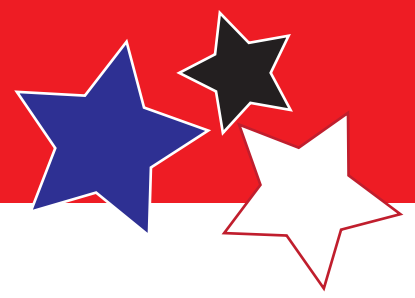
Athletes will receive their level callbacks and will need to attend the times for those specific levels. An athlete may receive different callback levels, and they will need to attend all sessions.

Following these callback sessions, athletes will receive a practice group assignment. They will need to then attend the practice times associated with the group they have been assigned to.

Team assignments will be emailed out by June 8th.



Join Us For Tryouts



Mandatory Parent Meetings

Athletes will be sized at these meetings for uniforms and practice wear.

Sunday, June 9th

12pm-1:15pm- Prep Teams

1:30pm-3:00pm Mini and Youth teams

3:15pm-4:45pm- Junior, Senior, Open

Practices start the week of June 10th

Tryout Registration Costs:

\$300 must be paid at registration.

The tryout fee includes: 1. Competitive Team Apparel Deposit (\$150) 2. Tryout Fee (\$100) 3. Annual NE Registration Fee (\$50). The deposit is non-refundable.

We may not be able to place every athlete on a competitive team. Athletes that are not placed will be refunded the Registration and Deposit fees. Athletes that choose not to accept their placement will NOT be refunded.

Athletes must have USASF Membership Account paid and updated by 8/1 or athletes will not be choreographed into the routine. Athlete Membership Fee is \$49, and \$75 for adult athletes. (Costs are tentative and are subject to change.)

Athletes will not be placed on a team with an outstanding balance. Returning athletes will not be eligible to tryout with a balance from the 2023-2024 season.

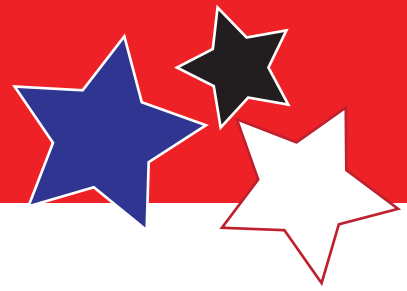
All fees are non-refundable. Payments can be made with a credit card online (plus 3% processing fee). Or checks and cash can be used in person.

REGISTRATION BEGINS ON APRIL 15, 2024

Team Contracts are due at initial evaluation or prior to receive practice group assignment.



Teams and Fees



Full Year Elite Teams

Ages 5+

Summer- 2 hour practices, twice per week (Weekdays)

School Year- 1- 2.5 hour practice, 1- 2 hour practice (Sunday + Weekday) + Additional Tumbling Opportunities

Elite Team Costs:

All Senior/Junior Teams: \$3650, \$365/month from June-March

High School Graduates: \$3050, \$305/month from June-March

All Tiny/Mini/Youth Teams- \$3350, \$335/month from June-March

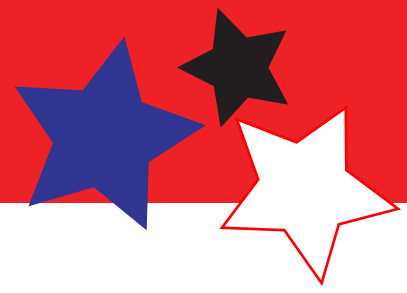
Apparel

All Apparel Charges are approximate based on each athlete's individual needs.

Elite team package: \$653 (Uniform, Additional Bow, Tank Top, Sports Bra, Choreography Wear)

Athletes new to the gym this season: +\$107 to package (Lip Kit, Bow, Logo Tank)





Prep Teams

Ages 5+

1 - 1.5 hour practice, 1 - 2 hour practice (Weekdays)

Prep Team Costs:

\$2600 , \$260/month

Apparel

All Apparel Charges are approximate based on each athlete's individual needs.

Prep team package: \$428 (Uniform, Bow, Tank Top, Sports Bra, Choreography Wear)

Athletes new to the gym this season: +\$77 to package (Lip Kit, Logo Tank)

Local Only Prep/Novice

Ages 5+

1 - 1.5 hour practice (Weekday)

Local Prep/Novice Team Costs:

\$1850 , \$185/month

Apparel

All Apparel Charges are approximate based on each athlete's individual needs.

Prep team package: \$428 (Uniform, Bow, Tank Top, Sports Bra, Choreography Wear)

Athletes new to the gym this season: +\$77 to package (Lip Kit, Logo Tank)





Fees

A schedule of payments is listed in this packet. All monthly fees are due the 1st of the month. Please direct all payments to the payment box located on the lower end of the reception desk. Please make all checks payable to Northern Elite. Credit card payments can be made online.

A \$25 fee will be applied to all returned checks.

If payment is not received by the 5th of every month, your credit card will be charged (+additional 3% service fee). If the card is declined, your athlete will not participate and may be moved to alternate status. Additionally, a \$35 late fee will be applied. We are not responsible for lost cash payments. Please contact the office directly if you need to discuss payment options. Monthly tuition will not be pro-rated for any reason and all fees are nonrefundable.

Travel Accomodations

All travel expenses for out-of-state competitions are the responsibility of each family. Many competitions require us to stay at select hotels. For those competitions, we will try to offer different options for families and you will be able to choose the best fit for your family.

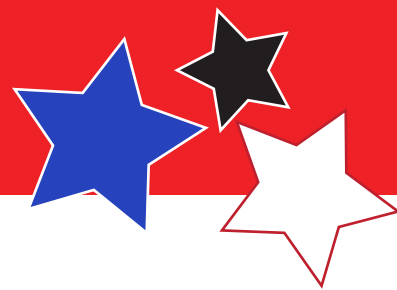
You will be able to book in our designated room blocks through a housing website.

Competition Schedule

Our competition schedule will be set to work within the budget that we are setting prior to our 2024-2025 season beginning. This may mean that we don't do as many events as we have in the past. The rising costs across all industries has made it difficult for us to keep within our budget, and we feel it is important to do our best to keep cheer as affordable as possible for our families.

We will be releasing an updated version of the tryout packet that includes our 24-25 Competition Schedule. Our intent is to have this update available before tryout registration begins.





When is the gym closed?

These are the dates that the gym is closed for classes and practices. There may be optional open gyms/camps/clinics scheduled during these breaks.

4th of July: July 3rd and 4th

Labor Day: September 2nd

Thanksgiving: November 28th

Holiday Break: December 24th-January 2nd
(Elite teams will practice Sunday, December 22nd and Sunday, December 29th)

When is Choreography?

August 12-25, 2024

Other Important Dates:

Team Pictures: December/January

Year End Banquet: May

THE SEASON STARTS June 10th, 2024

WHEN DO WE FIND OUT OUR PRACTICE SCHEDULE AND WHAT TEAM WE MADE?

At the Parent Information meeting, all information will be available regarding your new team! Team placement results will be emailed out & posted on social media by June 8th.

WHAT IF I CAN'T TUMBLE? DOES THIS MEAN I AM NOT GOING TO MAKE A "GOOD" TEAM?

No. All of the teams at Northern Elite are GREAT teams! Everyone has a place at NE. Tumbling is not a requirement. It is something you will learn with our staff.

WHAT IS A TEAM PARENT?

A Team Parent is a parent who is the liaison between the coach and the parents. The Team Parents are in charge of meeting the team at competitions, planning team events, assisting with team functions and communication. Team Parents are not involved in gym decisions, coaching, or accounting issues. As a parent, you will receive information mostly through email and the BAND App via Team Parents, Coaches, and Owner.



The following competition schedules are tentative and may change based on the event producers hosting the events.



2024-2025

COMPETITION

Schedule

**Junior/Senior
Elite Teams**

Date(s)	Event	Location
TBD - Sunday (Late October, Early November)	Northern Elite Showcase	TBD
November 16-17, 2024	Allstar Challenge	Minneapolis, MN
December 7-8 , 2024	Cheer Expo	Kansas City, MO
February 1, 2025	NCA Classic	Minneapolis, MN
February 15-16, 2025	Cheersport	Atlanta, GA
March 1-2, 2025	Athletic Championships	Kansas City, MO
March 22-23, 2025	Spirit Sports	Des Moines, IA
May 2-4, 2025	The Summit	Orlando, FL



2024-2025

COMPETITION

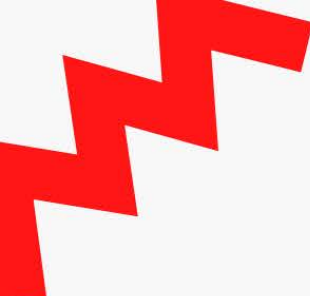
Schedule

**Mini/Youth
Elite Teams**



Date(s)	Event	Location
TBD - Sunday (Early October, Late November)	Northern Elite Showcase	TBD
November 16-17, 2024	Allstar Challenge	Minneapolis, MN
December 7-8, 2024	Cheer Expo	Kansas City, MO
February 1, 2025	NCA Classic	Minneapolis, MN
February 8-9, 2025	WOW Factor	Minneapolis, MN
March 1-2, 2025	Athletic Championships	Kansas City, MO
March 22-23, 2025	Spirit Sports	Des Moines, IA





2024-2025

COMPETITION

Schedule

**Full Season Prep
Teams**



Date(s)	Event	Location
TBD - Sunday (Late October, Early November)	Northern Elite Showcase	TBD
November 16, 2024	Allstar Challenge	Minneapolis, MN
December 7-8, 2024 (Both Days)	Cheer Expo	Kansas City, MO
February 1, 2025	NCA Classic	Minneapolis, MN
February 8, 2025	WOW Factor	Minneapolis, MN
February 23, 2025	Valentine's Classic	Sioux Falls, SD
March 22, 2025	Spirit Sports	Des Moines, IA



2024-2025



COMPETITION

Schedule

Local Prep/Novice

Date(s)	Event	Location
TBD - Sunday (Late October, Early November)	Northern Elite Showcase	TBD
November 16, 2024	Allstar Challenge	Minneapolis, MN
February 1, 2025	NCA Classic	Minneapolis, MN
February 8, 2025	WOW Factor	Minneapolis, MN
February 15, 2025	Rockstar Championships	Saint Paul, MN

Code Of Conduct

If you have any questions or concerns that need immediate attention, please use the following chain of command:

1. Team Parent
2. Head Coach
3. Program Director
4. Owner

Team parents are not gym representatives. Any issues with billing, staff, etc. should be directed to the gym directly.

Northern Elite maintains the right to refuse services to anyone at any time.

NE is not responsible for any lost or stolen items. Staff is not responsible for tracking down lost items.

NO GOSSIP about a child on your team or another team.

NO GOSSIP about coaches and staff. It is much better to address a problem than to listen to idle gossip.

Our gym is a positive environment. Negative behavior and comments are not welcome in the gym, the lobby, or outside of the gym.

Please keep in mind the gym is not a babysitting service. We want our athletes to use the gym as often as possible, but no child should be dropped off at the gym unsupervised or left waiting to be picked up. Athletes not picked up within 15 minutes of their practices end time will be charged for a 30-minute private.

Practices may be modified or added at any time during the season.

Anyone threatening to quit or to pull their child from a team will be dismissed from the program.

Only cheerleaders and coaches are allowed in the gym.

Families are not allowed to yell onto the floor or try to make contact through the viewing area window during practices or classes.

The coaches reserve the right to close practices at ANY time for ANY reason.

It is the parent/guardian's responsibility to know what is going on with your team. Check your emails and the Band App regularly.

Withholding a child from a practice or a competition should never be used as a form of punishment.

Athletes should be able to handle school, work, practices, and events. Homework, studying, work, etc. is not an acceptable excuse for missing practice. An important aspect of extracurricular activities is the emphasis on time management.

If a problem arises between an athlete and a teammate or another parent, the problem will be addressed with all parties involved at a meeting with your coach/allstar director and/or owner.

If a problem arises between parents, it is expected that it will be handled outside of the gym and is not a responsibility of NE.

Anonymous emails/letters/texts/twitter mentions, etc. will be ignored.

The NE logo, Name, and Team Names/Logos are a trademark and you may not use it without explicit written permission from Carin Moore.

Northern Elite has a zero-tolerance policy for drugs, alcohol, and tobacco. Any athletes found to be in possession/using drugs, alcohol, or tobacco at the NE facility or competition may immediately be removed from the program.

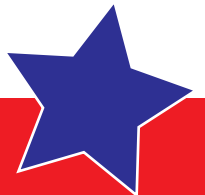
Text or Email is the preferred method of communication with the coaching staff. In-person or phone calls should be previously scheduled with the coaches via text or email. Please be respectful to keep all communication within reasonable hours (Avoid early mornings and late nights).

Food and drinks are NOT allowed in the locker room. Athletes found violating this rule will be required to volunteer 1 hour of time to gym cleaning or miscellaneous tasks.

Athlete Expectations

Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions.

Athletes should arrive at scheduled practices 15 minutes prior to start time.



Code Of Conduct

It is your responsibility to wear the appropriate practice wear to every practice. Athletes that fail to wear the assigned practice wear will be required to stay after practice for 15 minutes and complete an assignment from the coaches. Examples: putting equipment away, cleaning the locker room, stretching, jumping, conditioning, etc.

Personal items such as cell phones, school bags, or gym bags must be stored in the locker room. No items are to be left in the gym hallways and cell phones must be turned off and stored when practice starts.

Athletes are expected to clean up after themselves at the gym. We want to be proud of our space, and we want our athletes to take pride in it as well.

You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST. Tardy athletes will be required to stay after practice for 15 minutes and complete an assignment from the coaches. Examples: putting equipment away, cleaning the locker room, stretching, jumping, conditioning, etc.

During practice your opinion does not count. All squad and routine decisions are left to the discretion of the coaches.

Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice would not be an appropriate time.

Any behavioral issues that pertain to NE will result in 1 verbal and 1 written warning before being dismissed from the program.

Competitions

We look at the athletes in our program as brand ambassadors. Sportsmanship and respectable behavior are of the utmost importance at competitions. Failure to adhere to this guideline will be treated with the same consequences as a behavioral issue.

Athletes are required to be at all practices leading up to a competition. Failure to attend the 2 practices prior to a competition may result in the athlete being pulled from the routine. Any awards/bids received during this time may be forfeited by the athlete. The athlete will be added back to the routine at the convenience of the coaching staff.

Athletes are required to stay/arrive at competitions to support the teams assigned to them, as well as their awards session. Any exception must be approved by Carin Moore no later than one week prior to the event. Consequences of not following this rule may result in the athlete being pulled from competition/s.

Athletes are responsible for being in the appropriate attire.

Competitions are not optional. If an athlete misses a competition for an unexcused reason, their Summit/Worlds eligibility may be forfeited. Examples of an excused miss would include a death/funeral, serious injuries/illnesses (at the discretion of NE), or any previously approved absence.

Athletes with any pre-scheduled vacations are responsible for alerting NE at tryouts. Our competition schedule will be released on or by July 15th. We suggest waiting for this to book any travel during the competition season.

Parents, relatives, friends and cheerleaders are never allowed to speak with competition officials for any reason.

Parents are never allowed to represent Northern Elite under any circumstances concerning accommodations, competitions, vendors, etc.

Travel to out of state competitions on the day of competition is NOT allowed.

Injury

Athletes need to be able to physically and mentally perform all aspects of competitive cheerleading. Please review our injury policy provided in this tryout packet.

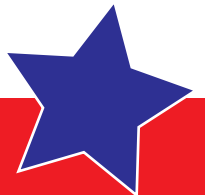
Athletes with chronic injuries/illness may be moved to alternate status at any time. It is our belief that we owe it to our program, teams, and families to make sure our teams are competing as close to 100% capacity at every competition.

Social Media

Social media posts that include the NE logo in any form must be professional. No profanity or inappropriate behavior can be included. This includes having Northern Elite mentioned as a "bio".

Additionally, NE athletes found using abusive/inappropriate behavior on social media (excessive swearing, inappropriate pictures, pictures showing drugs/alcohol) will receive 1 verbal warning and 1 written warning, before being removed from the program.

Never post any negative comments on social media about our program or ANY program.





Attendance Policy

Northern Elite will continue to use our attendance policy for the 24-25 season. This is to promote a strong commitment to our teams from the athletes/families to ensure the further success of our program, as good attendance is vital to the success of a team.

1. Every Elite and Prep athlete will start with 12 points. Teams that are in the gym 1 day per week will start with 8.

(Late joiners will be given 1 less point for every month missed.)

Absences after Labor Day: 2 Points
Absences prior to Labor Day: 1 Point
Tardy (15+ minutes): .5 Point

2. Every point used above the allotted amount will result in a \$20 penalty added to your account.

3. There are NO EXCUSED absences or tardies. All absences will result in the reduction of points.

4. Athletes MUST be in attendance at the 2 practices prior to a competition. Practice schedule may be adjusted at the team coaches' discretion. Exceptions may be made to this rule and Northern Elite staff promise to use our best judgment based on what is best for the team.

5. Exceptions will be made for legal custody issues. However, it still may affect an athletes' participation on a team. Attendance is vital to the success of a team.

Northern Elite has taken into account school functions, illness, and family emergencies. We feel that this policy is fair and offers flexibility to our families while still preserving each family's investment. It will be at the discretion of the Program Director/Owner to grant more points for extenuating circumstances.

Just because a family is willing to pay penalties to remain in compliance with the attendance policy, does not mean that there may not be other consequences for poor attendance.

Example: Athletes may be removed from spots, stunts, etc. Practice is essential and if athletes aren't able to practice because of one individual's excessive absences, then it is best for the team to find someone that can be more committed. **Athletes that miss competitions may forfeit Summit eligibility.**

Keep in mind, all practices are considered mandatory. An athlete's absence may result in someone filling in for their current spots. Should the fill in be found more competent in that position for any reason, they may be permanently placed in that spot. Decisions are always made with the teams' best interest in mind.

Points will only be given to missed practices. Competitions are mandatory and athletes are only permitted to miss a competition if the athlete has communicated dates at team placements in June, or whenever the athlete joins.

At Northern Elite we pride ourselves on providing our families with a competition schedule as soon as possible. Typically, our competition schedule will be released by June 15th. However, many times it has been provided when teams are placed at the end of tryouts. We recommend not booking any travel during Late October-March (regular competition season). By signing below, I am agreeing to the terms and conditions of this policy for the 2024-2025 season.

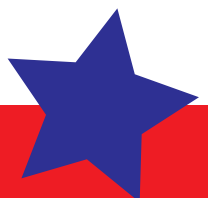
Financial Agreement



By submitting my signed 2024-2025 full season team contract, I acknowledge my commitment is for the entire 2024-2025 All Star competitive season. I understand that I am giving my credit card/debit card information and acknowledge that the information will be used if I do not meet my payment deadlines to Northern Elite.

I understand that I will forfeit any monies paid if I choose to leave a team or am asked to leave the program. Additionally, any apparel not received at that point will be forfeited. I understand that I am entering into this program on my own free will.

Athletes choosing to withdraw from their respective competitive team will need to submit the Team Program Withdrawal Form located on our website underneath the Member Links drop down. If this is not filled out and signed off on, billing will continue until it is.





Northern Elite 2024-2025 Full Season Contract

Please initial each section below:

- _____ I have read and agree to the terms outlined in the attendance policy.
_____ I have read and agree to the terms outlined in the athlete injury policy.
_____ I have read and agree to the terms outlined in the code of conduct.
_____ I have read and agree to the terms outlined in the financial commitment.
_____ I have read and understand the terms of the liability agreement below.

Liability Agreement:

In consideration of NEAS accepting me/my child into participation and training in cheerleading, tumbling, or dance which activity I hereby acknowledge involves greater than normal risk of injury. I agree, to assume responsibility for all risks, cost, or losses sustained by me, my child, or my child's family in connection with participation in classes, programs, lessons, or competitions/meets.

I give my permission to NEAS and/or appropriate medical facility to make whatever emergency (first aid, disaster evacuation, etc.) measures as judged necessary for the care and protection on my child while under the supervision of NEAS.

In case of an emergency, I understand that I/my child will be transported to an appropriate medical facility by the local emergency unit for treatment if the local emergency resources deem it necessary. Me/my child will be transported at my expense.

It is understood that in some medical situations, the staff will need to contact the local emergency resource before the parent, student's physician, and/or other acting on behalf of the parent can be reached.

WARNING! Catastrophic injury, paralysis, or even death can result from the improper conduct of the activity. Further, I hereby release and agree to hold harmless and to indemnify NEAS employees, owners, or volunteers from any claims, losses or expenses incurred or on the behalf of me, my child or my child's family.

Financial Information (REQUIRED):

Cheerleader's Name: _____

Name as it appears on the card: _____

Full Billing Address: _____

Credit Card #: _____

Expiration Date: _____ CVC Code: _____

Cardholders Signature: _____ Date: _____

It is your responsibility to inform the office of any changes to this card. Monthly fees will be due on the 1st of every month. Payment is expected no later than the 5th of every month. If payment is not received, this card will be charged +3% service fee on the 6th. If the card is not valid or has insufficient funds, a \$35 late fee will be applied and athlete will not be able to participate until account is brought current.